

Shooting Para sport information sheet

About the sport

Shooting Para sport is the sport of shooting for Para athletes who have a physical impairment leading to reduced function in the lower and/or upper limbs.

Classification explained

In Para sport classification provides the structure for fair and equitable competition to ensure that winning is determined by skill, fitness, power, endurance, tactical ability and mental focus – the same factors that account for success in sport for able-bodied athletes.

The Para sport classification assessment process identifies the eligibility of each Para athlete's impairment and groups them into a sport class according to the degree of activity limitation resulting from their impairment.

Classification is sport-specific as an eligible impairment affects a Para athlete's ability to perform in different sports to a different extent. Each Para sport has a different classification system.

Standard Classification in detail

In shooting Para sport, there are three different sport classes for Para athletes with physical impairments:

Sport class SH1 (Pistol):

This sport class is designated to Para athletes with upper and/or lower limb impairment for competition in pistol events.

Sport class SH1 (Rifle):

This sport class is designated to Para athletes with lower limb impairment for competition in rifle events.

Sport class SH2:

This sport class is for rifle events only, and is designated to Para athletes with upper limb impairment (which necessitates them to use a shooting stand to support the rifle), all or not in combination with lower limb impairment.

For further information visit www.paralympics.org.nz/Pathway/Classification

Note - The New Zealand Shooting Para Sport Programme is run by Paralympics New Zealand.